



POST-OP SOLUTIONS



MORE COMFORTABLE AND CONFIDENT RECOVERY WITHOUT OPIOIDS

Offer your knee and hip surgery patients a more comfortable and confident recovery with comprehensive post-op solutions from DonJoy®. Our innovative X-ROM® Post-Op Knee brace and VersaROM® Hip brace provide support and comfort during recovery and rehabilitation. Combine these braces with our IceMan Classic³® Cold Therapy cryotherapy unit* for proven drug-free pain management.¹

1. Nadler SF, Weingand K, Kruse RJ (2004) Cryotherapy and thermotherapy for the pain practitioner. Pain Physician 7:395-399



DONJOY®

X-ROM® POST-OP KNEE

Help patients recover from ACL repair and other knee surgeries with improved confidence, comfort and stability. The X-ROM® Post-Op Knee brace provides our most advanced ROM protection and improved user-friendly design for faster, easier application and adjustment. Fit patients quickly and precisely with enhanced strap, tab and buckle designs and four independently telescoping sliders with easy push button control settings.

Indications: To aid immobilization and protected range of motion associated with ACL, PCL, LCL, and MCL surgeries and meniscal repairs.

Part Number	Description
11-2181-9	X-ROM Post-Op Knee Brace
11-0494	Iceman Classic ³ Cold Therapy Unit

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DONJOY®

VERSAROM® HIP

Give patients the confidence of precise, individualized hip joint protection and support with the new VersaROM® Hip brace. Uniquely designed with easy-to-use push button abduction/adduction adjustment and a flexible hip shell, the low-profile brace lets you quickly fine-tune the fit to your patient's body to aid increased comfort, compliance and ROM protection. Easily adjust compression with cinching straps on the belt; pull tabs anchor the hip joint and thigh cuff for optimal alignment.

Indications: DonJoy® VersaROM® Hip is indicated for use with post-op patients who have undergone a surgical procedure and need an orthosis until the component is integrated and soft tissue heals.

Part Number	Description
11-3333	VersaROM Hip
11-3334	VersaROM Hip & Cold Combo Kit

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DONJOY®

ICEMAN® COLD THERAPY*

Post-operative cryotherapy has been proven to help reduce pain, swelling, edema and muscle spasms, as well as improve ROM—without opioids.² The IceMan CLASSIC³ cold therapy unit helps reduce pain and swelling and enhance rehabilitation by providing consistent, extended cold therapy. Use it with the X-ROM® Post-Op Knee and VersaROM® Hip for continuous cold therapy.

IceMan CLASSIC³ utilizes DonJoy's consistently cool dual pump recirculation technology, blending warmed water with cooler ice bath water in a mixing chamber at a constant rate. This creates a continuous, reliable flow of cold water throughout the cold pad. Other cold therapy systems can restrict or pinch water flow, often causing inconsistent pad temperatures and variations.

Part Number	Description
11-0494	Iceman Classic ³ Cold Therapy Unit

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2. Cohn BT, Draeger RI, Jackson DW (1989) The effects of cold therapy in the postoperative management of pain in patients undergoing anterior cruciate ligament reconstruction. Am J Sports Med 17:344-349





VENAPRO® *

Help reduce your patients' risk of post-op DVT with comfortable, effective at-home prevention. VenaPro® is the first truly portable, one-button rechargeable system designed for the home setting. DJO Global's hospital to home (H2HDVT) program makes it easy for you and your patients by handling all the billing, shipping, patient education and follow up for you.

Ideal for: In addition to aiding in the prevention of DVT, VenaPro can be used as an aid in DVT prophylaxis by persons expecting to be stationary for long periods of time. VenaPro also can help enhance blood circulation, help diminish post-operative pain and swelling, help reduce wound healing time and aid in the treatment and healing of: stasis dermatitis, venous stasis ulcers, arterial and diabetic leg ulcers, chronic venous insufficiency and reduction of edema in the lower limbs.

Part Number	Description
30M	VenaPro
30ICE	VenaPro & Cold Combo Kit

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For more information about DJO's Post-Op Solutions

DJOGlobal.com

T 800.336.6569 D 760.727.1280 F 800.936.6569
2900 Lake Vista Drive | Dallas, TX 75067 | U.S.A.
DJOGlobal.com

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*WARNING: This device can be cold enough to cause serious injury/ Read and understand all warnings and instructions for use before using this device. Additional warnings appear in the instructions for use.