

# AirSport+™ Ankle Brace

## PATIENT APPLICATION



**BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THE DEVICE.**

### INTENDED USE/INDICATIONS:

The ankle brace is designed to help support and stabilize the ankle and to limit the risk of inversion and eversion with:

- Ankle ligament lesions (distortions, tears)
- Moderate to severe ankle sprains
- Conservative, prophylactic use
- Post-operative use
- Chronic ankle ligament instability.

### Note:

- For maximum comfort and support, wear an absorbent sock and a laced athletic shoe when wearing the brace.
- Take care not to damage clothing when attaching / detaching velcro straps.

### CONTRAINDICATIONS:

- None

### WARNINGS AND PRECAUTIONS:

We recommend that the first application be made under supervision of a health care professional. If pain, swelling, changes in sensation or other unusual reactions occur while using this product, you should contact your doctor immediately. If suffering from the following conditions, the ankle brace should only be used with the consent of a health care professional :

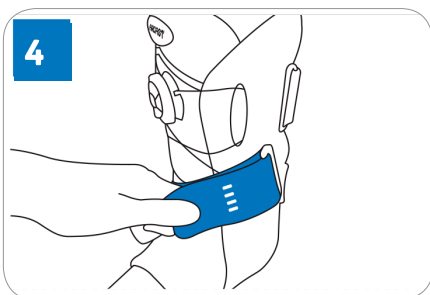
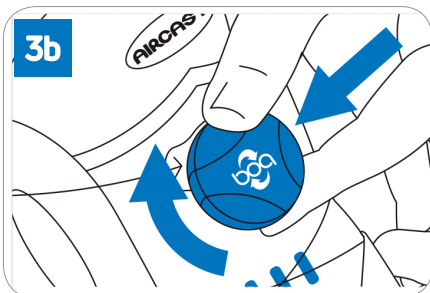
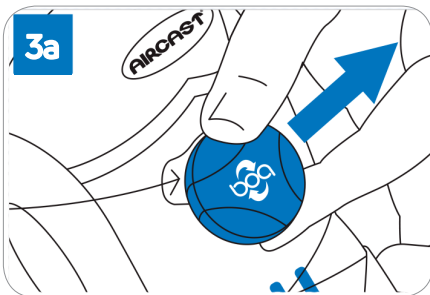
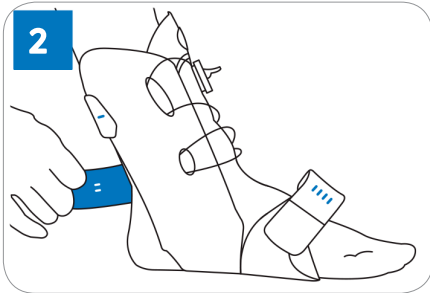
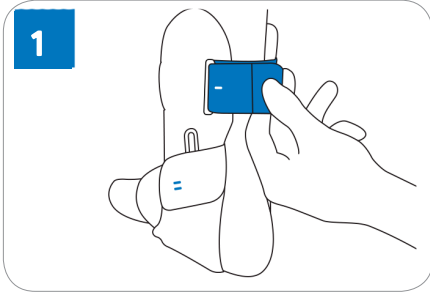
- Lymphatic drainage disorders
- Circulatory disorders
- Sensory disorders
- Skin diseases or skin irritations
- Open wounds
- Lymphedema, swelling

### CARE:

- Hand wash in lukewarm water (30 ° C) with a mild detergent
- Air dry (do not place on radiators/heaters or other heat sources)
- Do not use bleach or chlorine, do not iron.

### COMPOSITION

Plastic, Silicone, PES (polyether sulfone), Polyester, Polyamide, Elastane, natural rubber (latex), Polyurethane, Nylon



## Application Information

### BOA® FIT SYSTEM:

#### To Loosen BOA® (Fig. 3a):

- Lift BOA Knob.
- Pull the lacing

#### To Close and Tighten BOA® (Fig. 3b):

- Push BOA Knob down and then turn BOA Knob clockwise.
- BOA Knob must be in the down locked position when wearing brace.

### APPLICATION INFORMATION:

- Unfasten straps and open brace.
  - Slide foot into the back of brace. Pull the lateral shells upwards and align with the sides of the ankle (Fig. 0).
  - Close the straps according to numbering:
    1. Pull the top strap around the back of the calf and fix to the external side of the brace without tightening too much (Fig. 1). This helps position the lateral shells correctly.
    2. Pull the bottom Achilles strap around the back of ankle and fix to the external side of the brace without tightening too much (Fig. 2).
    3. Tighten the brace by turning the BOA Fit System clockwise until the desired level of support (Fig. 3).
- Note: If the ankle brace is too tight, open the BOA Fit system, loosen the laces, push the tab down and re-tighten.
4. Pull the front cross-strap tightly through the buckle and fix firmly onto front of brace (Fig. 4).

- Put on a lacer shoe or sneaker.
- To adjust the level of support, tighten or loosen the BOA Fit System or the straps.

### FOR SINGLE PATIENT USE

### WARRANTY:

DJO, LLC will repair or replace all or part of the unit and its accessories for material or workmanship defects for a period of six months from the date of sale.

**NOTICE:** NOTICE: WHILE EVERY EFFORT HAS BEEN MADE IN STATE OF THE ARTTECHNIQUES TO OBTAIN THE MAXIMUM COMPATIBILITY OF FUNCTION, STRENGTH, DURABILITY AND COMFORT, THIS DEVICE IS ONLY ONE ELEMENT IN THE OVERALL TREATMENT PROGRAM ADMINISTERED BY A MEDICAL PROFESSIONAL. THERE IS NO GUARANTEE THAT INJURY WILL BE PREVENTED THROUGH THE USE OF THIS PRODUCT.



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